SKIN INFECTIONS IN ATHLETES

**Staphylococcus aureus** “staph”
- Bacterial infection
- Painful sore with pus, surrounded by redness
- MRSA is resistant to some antibiotics

**Tinea** “Ringworm”
- Fungal infection
- Red, itchy, dry patches

**Impetigo**
- Bacterial infection
- Red sores that quickly rupture and ooze
- Mostly found around nose and mouth

Skin infections can lead to:
- Lost playing time
- Wounds that keep returning
- Rare, some time life-threatening infections

Wash your hands with soap and water!
Shower as soon as possible after practice.
Cover any open wounds.
Wash your practice clothes.

PREVENT SKIN INFECTIONS:
GET CHECKED OUT!

- Report any skin problems to your athletic trainer, school nurse, coach, or health care provider.
- Tell your health care provider you participate in competitive sports.
- Check with league rules if you have questions about participation.